

# The Five Steps to Safe Post-Anesthesia Recovery - a model for nursing care in the Post Anesthetic Care Unit



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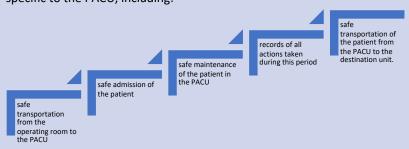
Brazilian Periorerative Nursing Association - SOBECC

## **Background Information**

The period that begins after surgery and anesthesia can be critical for the patient, and safety measures guarantee the success of the care provided to the patient. Therefore, proposing a model of nursing good practices in the Post-Anesthetic Care Unit -PACU, could have a positive impact on nursing actions, guaranteeing patient safety in the immediate post-operative period. SOBECC — Brazilian Perioperative Nursing Association - disseminates good practices in perioperative nursing throughout Brazil

### PREPARATION AND PLANNING

In 2020, SOBECC proposed material based on the safe surgery checklist, specific to the PACU, including:



# **Objectives of Project**

To propose a model of safe nursing care for patients, seeking the best practices in the PACU

## **Statement of Successful Practice**

In Brazil, there is a shortage of material on nursing care in the PACU, so the material had a major impact on SOBECC's media, causing a large number of views and shares, with 10,990 impressions and 68,161 interactions: save, like and share!



#### **IMPLICATIONS FOR PERIOPERATIVE NURSING**

SOBECC has a responsibility to offer its members and nurses a condition for constant improvement, keeping the target of patient safety in focus, and guaranteeing safety in the immediate post-operative period. The launch of the material gave rise to the Anesthetic Process Nurses Committee, which at SOBECC works specifically for professionals in the perianesthesia area and their challenges.

